

LIVING SOBER on MONDAY MORNING September 29, 2014.

(First meeting held Monday September 26, 2011.)

In the summer of 2011 Jason C., then member of the Stamford Group of Niagara Falls, mentioned to John F. of the Stamford Group of the need for a Monday morning meeting to round out the daytime meetings in Niagara Falls. The two of them started on the footwork to form the "Living Sober on Monday Morning" discussion meeting that has been going strong ever since. They were fortunate to find a location at Southminster Church which is located close to the Fallsview tourist area. With its location being blocks away from the large hotels it is easy for visitors to find and get to a meeting as they enjoy their stay.

Over the first three years there has been much support from the regular attendees to keep the doors of Alcoholic Anonymous open. Patricia F. is there every week to help and supervise the setup and regulars like Klaus D. of the Action Group and Terry W. of the Rainbow Group have always been there to fill in on setting up when needed.

There has been talk over the years of registering the meeting with GSO in New York and making it an official Group and now that has become possible. We now have enough serious members to make this happen. John F., Patricia F., Betty M. and Carmania H. (all past members of the Stamford Group), Linda J., Eilene M., Brian P. and Ken E. (a longtime member of A.A. who lives in Niagara in the summer months and in Florida in the winter) all bring their experience strength and hope to those who come thru the doors on Monday mornings.

The meeting reads from the book Alcoholics Anonymous and the book Living Sober followed with discussion on each. We hope to see you there.

May you find your Higher Power to help you stay Sober for today.